

Cannington, On

A community located in Brock Township on the shores of Beaver River. Home of quaint shops, a variety of services and historic buildings. Its charming appeal is sure to welcome you.



-  **1 Brock Township Public Library**
38 Laidlaw Street South
-  **2 Community Care Durham**
1 Cameron Street East
-  **3 Thrift Hub**
33 Cameron Street East
-  **4 Nourish House**
38 Cameron Street East
-  **5 The Nourish and Develop Foundation Support Centre |** 16 York Street
-  **6 Brock Community Health Centre**
64 Cameron Street East





Brock Community Health Centre

Brock Community Health Centre (BCHC) is a not-for-profit organization offering primary health care services from an inter-professional team of physicians, nurse practitioners, registered nurses, a registered dietitian, and a registered social worker, as well as community outreach workers.

Contact BCHC for information on virtual programming including 'Kids in the Kitchen', health needs like psychotherapy, or to make a donation to support their services.

Phone number: (705) 432-3388

Website: <https://www.brockchc.ca/>



The Nourish and Develop Foundation Support Centre

The Nourish and Develop Foundation (TNDF) is a not-for-profit organization that can be described as 'a food bank and more!' The Support Centre houses a commercial kitchen, creates learning opportunities for community members, and offers services to women in crisis.

Contact TNDF for information on virtual programming including 'Chair Yoga', referrals to local services, or to make a donation to support their services.

Phone number: (705) 432-2444

Website: <https://www.tndf.ca/>



Brock Township Public Library

Brock Township Public Libraries consists of a three branch library system and serve the community through collecting and sharing local history and by offering access to computers/internet, help navigating technology, and providing reading and media materials on loan.

Contact Brock Libraries for information on virtual programming including 'Romp and Rhyme Storytime', online learning, or to make a donation to support their services.

Phone number: (705) 432-2867

Website: <https://brocklibraries.ca/>



Nourish House

Nourish House is part of The Nourish and Develop Foundation and houses the food bank. Structured like a small grocery store, community members facing food insecurity are invited to 'shop' for dried goods, canned foods, fresh produce, frozen meals, personal care items, and pet food that fits their cultural and dietary needs at no cost.

Contact Nourish House for information on programming like 'Good Food Box', food bank inquiries, or to make a donation to support their services.

Phone number: (705) 432-2444

Website: <https://www.tndf.ca/food-pantry/>



Community Care Durham

Community Care Durham is a multi-service registered charitable organization offering a range of supports to individuals over the age of 16 and their caregivers such as transportation services, health and wellness programs, and senior care.

Contact CCD for information on programming including 'Meals on Wheels', COPE Mental Health group support, or to make a donation to support their services.

Phone number: (705) 432-2900

Website:

<https://www.communitycaredurham.on.ca/>



Thrift Hub

Thrift Hub is a retail store selling donated second-hand items including clothing, cookware, books, and household items. 100% off profits are re-invested into The Nourish and Develop Foundation and various campaigns are created to support community efforts.

Contact Thrift Hub for information about products, with ideas for collaboration, or to make a donation to support their services.

Phone number: (705) 964-2040

Website:

<https://m.facebook.com/TheThriftHub/>